



Ingredients:

1 cup brown rice, boiled and drained (optional)
2 (6 ounce) can tuna, drained
1 (15 ounce) can corn, drained
1 (15 ounce) can red kidney beans, drained
1 medium red onion, chopped
2 eggs, hard boiled and cut in cubes
3 bell peppers, cut in cubes (colors are optional)
3-4 tbsp mayonnaise
salt and pepper to taste

Directions:

In a large mixing bowl, combine peppers, corn, red kidney beans and rice (rice is optional). Add onion, tuna and eggs and mix together. Mix everything with mayonnaise. Add pepper and salt to taste.

Et voila!

